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Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results
Revised February 2019 Page 1 of 13

Total No. of Provinces/Cities: 14

Year/Period of Measurement: 2020

Total No. of Provinces/Cities w/ OPT Plus Results: 14

Indigenous Groups: Higa-onon, Talaandig, Manobo, Matigsalo, Tigwahanan, Subanen

Number of Indigenous PS measured: (0-59 mos old) 61597

Region: X

Please check:

☒ Normal Weight for Age

☐ Normal Length/Height for Age

☐ Normal Weight for Length/Height

Province/ Independent City	Total Number of Children																Total # Normal WFA Measured
	Estimated No. of 0-59 mos. old Preschool Children	Total No. of 0-59 mos. old PS measured	Coverage %	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months			
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)		
Bukidnon Province	132418	120214	90.8%	5,918	5,680	5,469	5,073	11,565	10,804	12,008	11,274	12,431	11,569	12,143	11,050	114984	
Cagayan de Oro City	86188	73544	85.3%	3,121	2,943	3,184	3,154	7,469	7,037	7,799	7,363	7,913	7,356	8,016	7,639	72994	
Camiguin Province	10749	7382	68.7%	317	310	311	277	689	672	654	735	683	792	795	779	7014	
El Salvador City	6431	6086	94.6%	305	249	301	268	613	575	586	594	601	527	672	616	5907	
Gingoog City	15966	13496	84.5%	605	535	590	553	1,309	1,196	1,338	1,289	1,392	1,314	1,349	1,294	12764	
Iligan City	42968	36493	84.9%	2,537	2,363	1,957	1,780	3,195	2,997	3,553	3,328	3,389	3,147	3,603	3,263	35112	
Lanao del Norte Province	85902	75915	88.4%	2,645	2,661	3,006	2,940	6,830	6,936	7,318	7,053	7,337	7,250	8,399	7,920	70295	
Malaybalay City	22073	18197	82.4%	898	853	854	789	1,793	1,704	1,764	1,650	1,951	1,783	1,693	1,550	17282	
Misamis Occidental Province	38100	24474	64.2%	935	814	1,024	1,002	2,390	2,261	2,518	2,311	2,553	2,361	2,658	2,442	23269	
Misamis Oriental Province	96421	70275	72.9%	3,570	3,405	3,183	3,100	6,918	6,486	6,983	6,362	7,323	6,765	6,937	6,419	67451	
Oroquieta City	8616	5022	58.3%	249	265	231	238	482	441	496	460	440	407	465	409	4583	
Ozamiz City	19089	11807	61.9%	513	495	633	576	1,127	1,137	1,246	1,158	1,148	1,069	1,124	1,127	11353	
Tangub City	8129	5924	72.9%	319	293	293	273	585	562	567	574	594	552	606	517	5735	
Valencia City	25573	23340	91.3%	1,122	1,055	1,041	998	2,403	2,192	2,438	2,277	2,546	2,337	2,408	2,320	23137	
																0	
																0	
																0	
TOTAL	598,623	492,169	82.2%	23,054	21,921	22,077	21,021	47,368	45,000	49,268	46,428	50,301	47,229	50,868	47,345	471,880	

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Regional Nutrition Program Coordinator, NNC Region X

Date: 29-Dec-20

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Revised February 2019 Page 2 of 13

Total No. of Provinces/Cities: 14

Year/Period of Measurement: 2020

Total No. of Provinces/Cities w/ OPT Plus Results: 14

Indigenous Groups: Higa-onon, Talaandig, Manobo, Matigsalo, Tigwahanan, Suba

Region: X

Number of Indigenous PS measured: (0-59 mos old) 61597

Please check:

Normal Weight for Age

Normal Length/Height for Age

Normal Weight for Length/Height

	Total Number of Children																Total # Normal HFA Measured
Province/ Independent City	Estimated No. of 0-59 mos. old Preschool Children	Total No. of 0-59 mos. old PS measured	Coverage %	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months			
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)		
Bukidnon Province	132418	120214	90.8%	5,422	5,244	4,977	4,599	10,214	9,661	10,842	10,241	11,351	10,667	11,158	10,241	104617	
Cagayan de Oro City	86188	73544	85.3%	3,078	2,892	3,133	3,088	7,343	6,938	7,690	7,285	7,847	7,303	7,968	7,618	72183	
Camiguin Province	10749	7382	68.7%	309	323	260	251	606	601	563	660	603	732	772	689	6369	
El Salvador City	6431	6086	94.6%	281	223	281	257	578	546	582	576	603	517	678	621	5743	
Gingoog City	15966	13496	84.5%	579	521	554	530	1,209	1,114	1,256	1,191	1,301	1,206	1,259	1,205	11925	
Iligan City	42968	36493	84.9%	2,306	2,132	1,809	1,637	2,929	2,796	3,387	3,170	3,263	3,051	3,490	3,174	33144	
Lanao del Norte Province	85902	75915	88.4%	2,403	2,421	2,656	2,633	5,844	6,178	6,380	6,279	6,477	6,509	7,631	7,269	62680	
Malaybalay City	22073	18197	82.4%	816	753	753	717	1,564	1,532	1,605	1,519	1,786	1,606	1,550	1,437	15638	
Misamis Occidental Province	38100	24474	64.2%	855	754	924	927	2,188	2,081	2,377	2,158	2,403	2,239	2,512	2,295	21713	
Misamis Oriental Province	96421	70275	72.9%	3,428	3,224	2,943	2,906	6,406	6,075	6,666	6,075	6,993	6,520	6,702	6,204	64142	
Oroquieta City	8616	5022	58.3%	238	258	217	225	428	416	446	441	422	373	446	374	4284	
Ozamiz City	19089	11807	61.9%	500	489	623	568	1,111	1,106	1,226	1,139	1,136	1,054	1,106	1,103	11161	
Tangub City	8129	5924	72.9%	311	273	287	267	573	545	554	564	586	547	608	523	5638	
Valencia City	25573	23340	91.3%	1,104	1,029	1,014	985	2,326	2,131	2,399	2,221	2,513	2,287	2,382	2,300	22691	
																0	
																0	
																0	
TOTAL	598,623	492,169	82.2%	21,630	20,536	20,431	19,590	43,319	41,720	45,973	43,519	47,284	44,611	48,262	45,053	441,928	

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Regional Nutrition Program Coordinator, NNC Region X

Date: 29-Dec-20

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

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OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Revised February 2019 Page 3 of 13

Total No. of Provinces/Cities: 14

Year/Period of Measurement: 2020

Total No. of Provinces/Cities w/ OPT Plus Results: 14

Indigenous Groups: Higa-onon, Talaandig, Manobo, Matigsalo, Tigwahanan, Suba

Region: X

Number of Indigenous PS measured: (0-59 mos old) 61597

Please check:

☐ Normal Weight for Age

☐ Normal Length/Height for Age



Normal Weight for Length/Height

	Total Number of Children																Total # Normal WFL/H Measured
Province/ Independent City	Estimated No. of 0-59 mos. old Preschool Children	Total No. of 0-59 mos. old PS measured	Coverage %	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months			
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)		
Bukidnon Province	132418	120214	90.8%	5,549	5,364	5,295	4,904	11,377	10,606	11,949	11,250	12,592	11,742	12,308	11,258	114194	
Cagayan de Oro City	86188	73544	85.3%	3,121	2,938	3,182	3,157	7,499	7,064	7,827	7,394	7,934	7,376	8,046	7,672	73210	
Camiguin Province	10749	7382	68.7%	316	332	272	248	660	661	642	723	678	765	818	744	6859	
El Salvador City	6431	6086	94.6%	310	253	311	268	612	575	590	602	613	538	681	625	5978	
Gingoog City	15966	13496	84.5%	580	524	595	556	1,346	1,216	1,394	1,336	1,422	1,375	1,391	1,346	13081	
Iligan City	42968	36493	84.9%	2,455	2,294	1,924	1,757	3,164	2,974	3,546	3,327	3,402	3,172	3,610	3,284	34909	
Lanao del Norte Province	85902	75915	88.4%	2,616	2,649	3,003	2,879	6,906	6,937	7,403	7,086	7,389	7,402	8,519	8,116	70905	
Malaybalay City	22073	18197	82.4%	823	785	800	768	1,749	1,673	1,737	1,643	1,934	1,799	1,690	1,586	16987	
Misamis Occidental Province	38100	24474	64.2%	904	792	999	991	2,417	2,270	2,552	2,356	2,592	2,429	2,709	2,490	23501	
Misamis Oriental Province	96421	70275	72.9%	3,517	3,344	3,155	3,084	7,026	6,512	7,092	6,466	7,439	6,906	7,075	6,553	68169	
Oroquieta City	8616	5022	58.3%	244	268	233	237	485	453	503	478	452	420	477	428	4678	
Ozamiz City	19089	11807	61.9%	511	489	638	579	1,135	1,151	1,278	1,185	1,178	1,104	1,140	1,154	11542	
Tangub City	8129	5924	72.9%	305	283	280	280	582	553	571	564	592	554	599	518	5681	
Valencia City	25573	23340	91.3%	1,099	1,044	1,028	1,000	2,393	2,191	2,425	2,261	2,543	2,339	2,391	2,306	23020	
																0	
																0	
																0	
TOTAL	598623	492169	82.2%	22,350	21,359	21,715	20,708	47,351	44,836	49,509	46,671	50,760	47,921	51,454	48,080	472,714	

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OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Revised February 2019 Page 4 of 13

Total No. of Provinces/Cities: 14

Year/Period of Measurement: 2020

Total No. of Provinces/Cities w/ OPT Plus Results: 14

Indigenous Groups: Higa-onon, Talaandig, Manobo, Matigsalo, Tigwahanan, Suba

Region: X

Number of Indigenous PS measured: (0-59 mos old) 61597

Please check:



Underweight Weight for Age

Stunted Length/Height for Age

Wasted Weight for Length/Height

	Total Number of Children																Total # UW Measured
Province/ Independent City	Estimated No. of 0-59 mos. old Preschool Children	Total No. of 0-59 mos. old PS measured	Coverage %	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months			
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)		
Bukidnon Province	132418	120214	90.8%	56	24	92	75	363	241	412	392	531	490	464	434	3574	
Cagayan de Oro City	86188	73544	85.3%	12	8	22	14	42	38	40	46	39	37	46	49	393	
Camiguin Province	10749	7382	68.7%	1	18	3	3	12	24	30	15	41	14	36	9	206	
El Salvador City	6431	6086	94.6%	3	3	11	2	6	5	11	8	13	12	20	12	106	
Gingoog City	15966	13496	84.5%	1	8	21	13	58	40	71	64	60	77	53	56	522	
Iligan City	42968	36493	84.9%	35	20	48	39	58	62	85	59	86	80	78	82	732	
Lanao del Norte Province	85902	75915	88.4%	73	49	125	110	361	229	463	332	421	441	416	412	3432	
Malaybalay City	22073	18197	82.4%	6	3	24	18	63	54	86	59	86	84	64	84	631	
Misamis Occidental Province	38100	24474	64.2%	17	3	30	20	88	62	87	85	72	103	88	89	744	
Misamis Oriental Province	96421	70275	72.9%	33	19	72	40	220	153	224	190	220	222	234	218	1845	
Oroquieta City	8616	5022	58.3%	4	5	9	2	26	17	36	34	34	31	33	27	258	
Ozamiz City	19089	11807	61.9%	4	2	8	5	26	26	44	36	48	45	30	37	311	
Tangub City	8129	5924	72.9%	0	1	2	6	8	6	14	5	3	6	1	5	57	
Valencia City	25573	23340	91.3%	3	2	12	6	30	24	18	20	17	18	2	3	155	
																0	
																0	
																0	
TOTAL	598623	492169	82.2%	248	165	479	353	1,361	981	1,621	1,345	1,671	1,660	1,565	1,517	12,966	

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Regional Nutrition Program Coordinator, NNC Region X

Date:

29-Dec-20

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Revised February 2019 Page 5 of 13

Total No. of Provinces/Cities: 14

Year/Period of Measurement: 2020

Total No. of Provinces/Cities w/ OPT Plus Results: 14

Indigenous Groups: Higa-onon, Talaandig, Manobo, Matigsalo, Tigwahanan, Suba

Region: X

Number of Indigenous PS measured: (0-59 mos old) 61597

Please check:

☒ **Underweight Weight for Age**

☐ **Stunted Length/Height for Age**

☐ **Wasted Weight for Length/Height**

	Total Number of Children															Total # Stunted Measured	
Province/ Independent City	Estimated No. of 0-59 mos. old Preschool Children	Total No. of 0-59 mos. old PS measured	Coverage %	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months			
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)		
Bukidnon Province	132418	120214	90.8%	182	103	244	164	936	666	1,089	933	1,356	1,164	1,219	1,035	9091	
Cagayan de Oro City	86188	73544	85.3%	17	14	26	25	90	60	84	60	79	57	88	63	663	
Camiguin Province	10749	7382	68.7%	1	0	26	10	64	72	92	73	99	82	70	89	678	
El Salvador City	6431	6086	94.6%	4	0	3	2	2	10	5	9	7	17	10	7	76	
Gingoog City	15966	13496	84.5%	16	12	34	26	112	88	129	127	128	150	124	130	1076	
Iligan City	42968	36493	84.9%	106	68	82	36	142	102	138	131	155	107	144	157	1368	
Lanao del Norte Province	85902	75915	88.4%	146	104	270	161	726	530	883	744	988	914	999	907	7372	
Malaybalay City	22073	18197	82.4%	27	17	54	31	161	113	178	132	227	223	181	178	1522	
Misamis Occidental Province	38100	24474	64.2%	47	26	71	46	189	161	166	184	190	192	179	200	1651	
Misamis Oriental Province	96421	70275	72.9%	74	43	116	91	405	295	396	332	503	438	441	407	3541	
Oroquieta City	8616	5022	58.3%	4	4	10	7	56	31	73	38	65	59	56	61	464	
Ozamiz City	19089	11807	61.9%	10	3	12	7	32	36	54	43	51	51	51	56	406	
Tangub City	8129	5924	72.9%	3	2	2	5	9	5	14	7	13	8	0	0	68	
Valencia City	25573	23340	91.3%	3	1	14	6	49	46	41	56	50	61	31	24	382	
																0	
																0	
																0	
TOTAL	598,623	492,169	82.2%	640	397	964	617	2,973	2,215	3,342	2,869	3,911	3,523	3,593	3,314	28,358	

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Date: 29-Dec-20

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Revised February 2019 Page 6 of 13

Total No. of Provinces/Cities: 14

Year/Period of Measurement: 2020

Total No. of Provinces/Cities w/ OPT Plus Results: 14

Indigenous Groups: Higa-onon, Talaandig, Manobo, Matigsalo, Tigwahanan, Suba

Region: X

Number of Indigenous PS measured: (0-59 mos old) 61597

Please check:

Underweight Weight for Age

Stunted Length/Height for Age

Wasted Weight for Length/Height

	Total Number of Children																Total # Wasted Measured
Province/ Independent City	Estimated No. of 0-59 mos. old Preschool Children	Total No. of 0-59 mos. old PS measured	Coverage %	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months			
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)		
Bukidnon Province	132418	120214	90.8%	129	128	123	110	343	238	274	305	264	258	170	153	2495	
Cagayan de Oro City	86188	73544	85.3%	14	7	15	6	14	14	17	15	19	20	17	17	175	
Camiguin Province	10749	7382	68.7%	1	3	11	4	24	16	17	18	28	24	18	26	190	
El Salvador City	6431	6086	94.6%	8	2	4	3	2	0	4	1	1	3	12	2	42	
Gingoog City	15966	13496	84.5%	4	5	7	8	19	20	15	13	19	22	17	13	162	
Iligan City	42968	36493	84.9%	74	44	61	30	86	65	66	41	58	49	54	31	659	
Lanao del Norte Province	85902	75915	88.4%	97	54	102	86	237	156	271	190	228	199	218	159	1997	
Malaybalay City	22073	18197	82.4%	39	30	38	19	75	58	84	46	80	51	53	34	607	
Misamis Occidental Province	38100	24474	64.2%	18	12	29	21	53	46	51	49	44	46	33	45	447	
Misamis Oriental Province	96421	70275	72.9%	43	36	55	26	96	83	96	78	90	78	70	65	816	
Oroquieta City	8616	5022	58.3%	6	1	7	3	16	8	19	12	17	9	12	10	120	
Ozamiz City	19089	11807	61.9%	2	6	6	4	18	6	15	11	13	11	12	14	118	
Tangub City	8129	5924	72.9%	5	3	4	0	9	5	8	10	4	5	2	1	56	
Valencia City	25573	23340	91.3%	11	5	18	4	37	22	19	31	18	11	10	13	199	
																0	
																0	
																0	
TOTAL	598,623	492,169	82.2%	451	336	480	324	1,029	737	956	820	883	786	698	583	8,083	

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GLADYS MAE S. FERNANDEZ

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Regional Nutrition Program Coordinator, NNC Region X

Date:

29-Dec-20

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Revised February 2019 Page 7 of 13

Total No. of Provinces/Cities: 14

Year/Period of Measurement: 2020

Total No. of Provinces/Cities w/ OPT Plus Results: 14

Indigenous Groups: Higa-onon, Talaandig, Manobo, Matigsalo, Tigwahanan, Suba

Region: X

Number of Indigenous PS measured: (0-59 mos old) 61597

Please check:



Severely Underweight Weight for Age

Severely Stunted Length/Height for Age

Severely Wasted Weight for Length/Height

	Total Number of Children															Total # SUW Measured	
Province/ Independent City	Estimated No. of 0-59 mos. old Preschool Children	Total No. of 0-59 mos. old PS measured	Coverage %	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months			
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)		
Bukidnon Province	132418	120214	90.8%	11	17	25	23	89	59	88	70	91	105	68	76	722	
Cagayan de Oro City	86188	73544	85.3%	5	3	2	2	11	10	13	8	8	8	10	9	89	
Camiguin Province	10749	7382	68.7%	0	0	0	1	2	5	2	6	4	6	9	5	40	
El Salvador City	6431	6086	94.6%	2	0	3	3	6	3	2	6	0	4	8	3	40	
Gingoog City	15966	13496	84.5%	2	1	6	2	14	14	13	13	8	20	18	17	128	
Iligan City	42968	36493	84.9%	11	11	18	10	31	25	18	20	14	16	19	16	209	
Lanao del Norte Province	85902	75915	88.4%	43	31	65	33	106	69	120	91	91	96	117	104	966	
Malaybalay City	22073	18197	82.4%	2	0	3	3	15	9	10	11	16	7	6	11	93	
Misamis Occidental Province	38100	24474	64.2%	7	2	10	6	18	14	15	26	24	20	15	24	181	
Misamis Oriental Province	96421	70275	72.9%	14	3	14	12	38	24	41	33	47	45	35	37	343	
Oroquieta City	8616	5022	58.3%	0	1	3	5	6	7	11	4	6	3	10	8	64	
Ozamiz City	19089	11807	61.9%	1	0	2	2	8	1	7	8	8	7	8	14	66	
Tangub City	8129	5924	72.9%	2	1	4	3	8	6	14	3	4	6	0	1	52	
Valencia City	25573	23340	91.3%	1	0	3	3	5	3	2	3	2	4	1	2	29	
																0	
																0	
																0	
TOTAL	598,623	492,169	82.2%	101	70	158	108	357	249	356	302	323	347	324	327	3,022	

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Date:

29-Dec-20

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Revised February 2019 Page 8 of 13

Total No. of Provinces/Cities: 14

Year/Period of Measurement: 2020

Total No. of Provinces/Cities w/ OPT Plus Results: 14

Indigenous Groups: Higa-onon, Talaandig, Manobo, Matigsalo, Tigwahanan, Suba

Region: X

Number of Indigenous PS measured: (0-59 mos old) 61597

Please check: **Severely Underweight Weight for Age**

☒ **Severely Stunted Length/Height for Age**

Severely Wasted Weight for Length/Height

	Total Number of Children																Total # SSt Measured
Province/ Independent City	Estimated No. of 0-59 mos. old Preschool Children	Total No. of 0-59 mos. old PS measured	Coverage %	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months			
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)		
Bukidnon Province	132418	120214	90.8%	59	45	102	70	342	273	329	256	326	317	340	287	2746	
Cagayan de Oro City	86188	73544	85.3%	7	5	4	1	20	11	14	9	8	12	14	11	116	
Camiguin Province	10749	7382	68.7%	0	0	17	12	21	14	22	12	27	6	9	16	156	
El Salvador City	6431	6086	94.6%	2	0	5	2	16	8	2	4	0	2	7	4	52	
Gingoog City	15966	13496	84.5%	9	4	21	8	47	33	40	40	35	55	40	36	368	
Iligan City	42968	36493	84.9%	36	22	29	28	59	48	65	38	44	54	63	32	518	
Lanao del Norte Province	85902	75915	88.4%	88	76	120	98	407	276	437	279	327	298	298	245	2949	
Malaybalay City	22073	18197	82.4%	14	12	14	11	59	60	56	50	50	41	37	32	436	
Misamis Occidental Province	38100	24474	64.2%	27	11	29	17	84	62	66	66	59	53	66	58	598	
Misamis Oriental Province	96421	70275	72.9%	33	17	65	35	116	79	106	78	96	84	98	80	887	
Oroquieta City	8616	5022	58.3%	2	5	7	7	23	15	20	21	11	15	21	12	159	
Ozamiz City	19089	11807	61.9%	2	1	2	1	12	10	23	17	25	15	13	26	147	
Tangub City	8129	5924	72.9%	4	3	5	2	10	15	23	7	4	11	1	2	87	
Valencia City	25573	23340	91.3%	0	0	3	5	10	4	6	6	2	5	1	1	43	
																0	
																0	
																0	
TOTAL	598,623	492,169	82.2%	283	201	423	297	1,226	908	1,209	883	1,014	968	1,008	842	9,262	

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OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Revised February 2019 Page 9 of 13

Total No. of Provinces/Cities: 14

Year/Period of Measurement: 2020

Total No. of Provinces/Cities w/ OPT Plus Results: 14

Indigenous Groups: Higa-onon, Talaandig, Manobo, Matigsalo, Tigwahanan, Suba

Region: X

Number of Indigenous PS measured: (0-59 mos old) 61597

Please check:

☒ Severely Underweight Weight for Age

☐ Severely Stunted Length/Height for Age

☐ Severely Wasted Weight for Length/Height

	Total Number of Children																Total # SW Measured
Province/ Independent City	Estimated No. of 0-59 mos. old Preschool Children	Total No. of 0-59 mos. old PS measured	Coverage %	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months			
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)		
Bukidnon Province	132418	120214	90.8%	123	107	104	82	221	174	164	95	102	64	54	39	1329	
Cagayan de Oro City	86188	73544	85.3%	1	3	4	2	2	0	3	6	4	3	4	4	36	
Camiguin Province	10749	7382	68.7%	0	0	7	3	8	2	3	9	2	8	6	5	53	
El Salvador City	6431	6086	94.6%	0	1	1	2	4	0	1	3	0	0	2	0	14	
Gingoog City	15966	13496	84.5%	4	3	2	2	8	10	3	6	5	5	5	5	58	
Iligan City	42968	36493	84.9%	42	44	19	19	27	19	26	20	14	9	11	14	264	
Lanao del Norte Province	85902	75915	88.4%	59	58	44	38	83	52	59	57	61	52	46	45	654	
Malaybalay City	22073	18197	82.4%	20	12	21	11	26	14	19	10	22	9	9	10	183	
Misamis Occidental Province	38100	24474	64.2%	21	10	17	16	28	23	11	20	12	5	7	10	180	
Misamis Oriental Province	96421	70275	72.9%	19	13	10	5	25	15	23	17	14	5	11	8	165	
Oroquieta City	8616	5022	58.3%	0	3	0	4	2	0	8	0	4	1	1	0	23	
Ozamiz City	19089	11807	61.9%	0	0	0	1	4	2	3	3	4	1	1	1	20	
Tangub City	8129	5924	72.9%	1	3	4	4	8	5	5	2	1	1	0	1	35	
Valencia City	25573	23340	91.3%	4	5	6	1	5	3	6	4	1	6	1	1	43	
																0	
																0	
																0	
TOTAL	598,623	492,169	82.2%	294	262	239	190	451	319	334	252	246	169	158	143	3,057	

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OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Revised February 2019 Page 10 of 13

Total No. of Provinces/Cities: 14

Year/Period of Measurement: 2020

Total No. of Provinces/Cities w/ OPT Plus Results: 14

Indigenous Groups: Higa-onon, Talaandig, Manobo, Matigsalo, Tigwahanan, Suba

Region: X

Number of Indigenous PS measured: (0-59 mos old) 61597

Please check:



Overweight Weight for Age

Tall Length/Height for Age

Overweight Weight for Length/Height

Obese Weight for Length/Height

	Total Number of Children																Total # OverWt Measured
Province/ Independent City	Estimated No. of 0-59 mos. old Preschool Children	Total No. of 0-59 mos. old PS measured	Coverage %	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months			
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)		
Bukidnon Province	132418	120214	90.8%	157	171	54	45	91	100	55	48	59	47	69	38	934	
Cagayan de Oro City	86188	73544	85.3%	12	9	3	2	7	3	4	4	6	6	7	5	68	
Camiguin Province	10749	7382	68.7%	16	18	3	2	13	6	4	14	6	15	16	9	122	
El Salvador City	6431	6086	94.6%	11	7	2	0	3	2	2	1	2	2	0	1	33	
Gingoog City	15966	13496	84.5%	18	10	1	6	7	7	10	4	6	4	3	6	82	
Iligan City	42968	36493	84.9%	127	101	22	30	30	24	22	20	16	13	15	20	440	
Lanao del Norte Province	85902	75915	88.4%	261	258	94	75	138	129	66	62	36	30	44	29	1222	
Malaybalay City	22073	18197	82.4%	32	28	6	12	25	17	18	12	20	6	11	4	191	
Misamis Occidental Province	38100	24474	64.2%	33	36	15	11	23	32	26	20	27	16	28	13	280	
Misamis Oriental Province	96421	70275	72.9%	131	99	32	27	58	49	50	38	49	36	43	24	636	
Oroquieta City	8616	5022	58.3%	9	10	2	5	7	9	10	12	21	10	17	5	117	
Ozamiz City	19089	11807	61.9%	4	4	2	3	6	5	14	7	9	4	11	8	77	
Tangub City	8129	5924	72.9%	18	12	5	9	8	10	4	3	4	3	2	2	80	
Valencia City	25573	23340	91.3%	1	1	2	1	1	1	2	1	3	1	4	1	19	
																0	
																0	
																0	
TOTAL	598,623	492,169	82.2%	830	764	243	228	417	394	287	246	264	193	270	165	4,301	

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OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Revised February 2019 Page 11 of 13

Total No. of Provinces/Cities: 14

Year/Period of Measurement: 2020

Total No. of Provinces/Cities w/ OPT Plus Results: 14

Indigenous Groups: Higa-onon, Talaandig, Manobo, Matigsalo, Tigwahanan, Suba

Region: X

Number of Indigenous PS measured: (0-59 mos old) 61597

Please check:

☐ Overweight Weight for Age



Tall Length/Height for Age

☐ Overweight Weight for Length/Height

☐ Obese Weight for Length/Height

	Total Number of Children																Total # Tall Measured
Province/ Independent City	Estimated No. of 0-59 mos. old Preschool Children	Total No. of 0-59 mos. old PS measured	Coverage %	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months			
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)		
Bukidnon Province	132418	120214	90.8%	479	500	317	383	616	604	303	354	79	63	27	35	3760	
Cagayan de Oro City	86188	73544	85.3%	48	52	48	58	76	79	68	67	32	35	9	10	582	
Camiguin Province	10749	7382	68.7%	24	23	14	10	25	20	13	25	5	7	5	8	179	
El Salvador City	6431	6086	94.6%	34	36	28	12	32	21	12	20	6	9	5	0	215	
Gingoog City	15966	13496	84.5%	22	17	9	10	20	22	7	12	2	4	0	2	127	
Iligan City	42968	36493	84.9%	262	273	125	158	184	162	88	88	43	44	18	18	1463	
Lanao del Norte Province	85902	75915	88.4%	385	398	244	266	458	379	267	236	93	96	48	44	2914	
Malaybalay City	22073	18197	82.4%	81	102	66	63	112	79	39	31	10	10	6	2	601	
Misamis Occidental Province	38100	24474	64.2%	63	64	55	49	58	65	37	34	24	16	32	15	512	
Misamis Oriental Province	96421	70275	72.9%	213	242	177	147	307	263	130	138	47	26	8	7	1705	
Oroquieta City	8616	5022	58.3%	18	14	11	11	14	12	14	10	3	4	2	2	115	
Ozamiz City	19089	11807	61.9%	10	8	8	10	12	17	8	10	1	5	3	1	93	
Tangub City	8129	5924	72.9%	21	29	10	17	17	19	8	7	2	1	0	0	131	
Valencia City	25573	23340	91.3%	20	28	27	12	54	39	14	18	3	7	1	1	224	
																0	
																0	
																0	
TOTAL	598,623	492,169	82.2%	1,680	1,786	1,139	1,206	1,985	1,781	1,008	1,050	350	327	164	145	12,621	

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Date: 29-Dec-20

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Revised February 2019 Page 12 of 13

Total No. of Provinces/Cities: 14

Year/Period of Measurement: 2020

Total No. of Provinces/Cities w/ OPT Plus Results: 14

Indigenous Groups: Higa-onon, Talaandig, Manobo, Matigsalo, Tigwahanan, Suba

Region: X

Number of Indigenous PS measured: (0-59 mos old) 61597

Please check: ☐ Overweight Weight for Age ☐ Tall Length/Height for Age ☒ Overweight Weight for Length/Height ☐ Obese Weight for Length/Height

	Total Number of Children																Total # OverWt WFL/H Measured
Province/ Independent City	Estimated No. of 0-59 mos. old Preschool Children	Total No. of 0-59 mos. old PS measured	Coverage %	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months			
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)		
Bukidnon Province	132418	120214	90.8%	183	173	87	81	113	139	116	90	98	98	126	90	1394	
Cagayan de Oro City	86188	73544	85.3%	11	11	8	5	6	9	6	4	6	4	9	6	85	
Camiguin Province	10749	7382	68.7%	11	6	14	14	17	21	17	10	20	18	7	17	172	
El Salvador City	6431	6086	94.6%	2	1	0	0	6	5	5	2	0	3	5	4	33	
Gingoog City	15966	13496	84.5%	21	13	10	4	10	7	6	6	10	7	7	2	103	
Iligan City	42968	36493	84.9%	74	72	24	32	28	41	24	20	16	16	24	34	405	
Lanao del Norte Province	85902	75915	88.4%	157	119	75	89	115	132	137	130	138	94	98	83	1367	
Malaybalay City	22073	18197	82.4%	33	36	26	17	29	24	21	18	21	17	13	14	269	
Misamis Occidental Province	38100	24474	64.2%	27	23	19	6	12	21	21	13	17	15	23	13	210	
Misamis Oriental Province	96421	70275	72.9%	98	79	46	38	55	63	52	37	48	41	52	41	650	
Oroquieta City	8616	5022	58.3%	7	7	4	3	12	9	14	13	8	14	15	6	112	
Ozamiz City	19089	11807	61.9%	5	5	1	2	8	9	8	5	10	7	10	8	78	
Tangub City	8129	5924	72.9%	18	14	11	2	4	14	9	6	6	5	5	4	98	
Valencia City	25573	23340	91.3%	8	3	5	2	4	1	7	5	2	2	8	4	51	
																0	
																0	
																0	
TOTAL	598,623	492,169	82.2%	655	562	330	295	419	495	443	359	400	341	402	326	5,027	

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OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Revised February 2019 Page 13 of 13

Total No. of Provinces/Cities: 14

Year/Period of Measurement: 2020

Total No. of Provinces/Cities w/ OPT Plus Results: 14

Indigenous Groups: Higa-onon, Talaandig, Manobo, Matigsalo, Tigwahanan, Suba

Region: X

Number of Indigenous PS measured: (0-59 mos old) 61597

Please check: ☐ Overweight Weight for Age ☐ Tall Length/Height for Age ☐ Overweight Weight for Length/Height ☐ Obese Weight for Length/Height

	Total Number of Children															Total # Obese WFL/H Measured
Province/ Independent City	Estimated No. of 0-59 mos. old Preschool Children	Total No. of 0-59 mos. old PS measured	Coverage %	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	
Bukidnon Province	132418	120214	90.8%	158	120	31	39	54	47	60	44	56	49	86	58	802
Cagayan de Oro City	86188	73544	85.3%	3	4	2	2	8	1	3	2	3	4	3	3	38
Camiguin Province	10749	7382	68.7%	6	5	13	14	7	7	11	10	6	12	7	10	108
El Salvador City	6431	6086	94.6%	1	2	1	0	4	5	1	1	2	1	0	1	19
Gingoog City	15966	13496	84.5%	17	9	4	4	5	4	14	9	10	6	3	7	92
Iligan City	42968	36493	84.9%	65	41	17	21	9	9	16	19	15	10	16	18	256
Lanao del Norte Province	85902	75915	88.4%	93	119	66	66	94	86	97	75	69	70	95	62	992
Malaybalay City	22073	18197	82.4%	23	21	2	7	17	15	17	15	16	4	9	5	151
Misamis Occidental Province	38100	24474	64.2%	22	18	15	5	9	9	11	4	11	5	17	10	136
Misamis Oriental Province	96421	70275	72.9%	71	54	35	26	32	39	35	25	48	38	41	31	475
Oroquieta City	8616	5022	58.3%	5	2	1	3	6	4	9	7	20	7	20	5	89
Ozamiz City	19089	11807	61.9%	4	1	0	0	2	1	7	5	8	2	10	9	49
Tangub City	8129	5924	72.9%	10	4	5	5	6	7	6	3	2	2	3	1	54
Valencia City	25573	23340	91.3%	5	1	1	1	0	3	3	0	4	2	5	2	27
																0
																0
																0
TOTAL	598,623	492,169	82.2%	483	401	193	193	253	237	290	219	270	212	315	222	3,288

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Date: 29-Dec-20

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